



North Dallas Spine
& Total Health

Application For Admission Dr. Malay's Severe Neuropathy And Chronic Pain Program

If you are reading this you have been fortunate enough to qualify for a *consultation* with the Doctor at no charge. This however does NOT mean that your case has been accepted. Your consultation today will determine if:

- A) You are a legitimate candidate for this program, and
- B) Your condition is serious enough to warrant your case being accepted for treatment. In the event your condition IS serious enough to warrant being considered for acceptance and the Doctor is UNAVAILABLE to treat you, options will be made available to you.

Today's Date _____ Email: _____

Name _____ Age _____ Birthday _____ SS# _____

Address _____ City _____ State _____

Zip _____ Sex M F Home Phone _____ Work Phone _____ Cell Phone _____

Best Place To Reach You (circle one) Home / Work / Cell May we leave a voice mail message for you? Yes No

Employer _____ Occupation _____ Length of Employ _____

Marital Status S M W D Spouses Name _____

I (signature) _____ consent to allow Dr. Malay and staff to speak with me and perform an examination (if necessary) in order to determine if I am a good candidate for high power laser and also to determine if they are willing to accept my case. It is also my understanding that BOTH the consultation AND examination (if necessary) are at no charge.

How Did You Hear About Dr. Malay's Neuropathy Program? _____

How Serious Do You Think Your Problem Is? _____

What Is Your Main Problem/Symptom Prompting Your Request For A Consultation With The Doctor? _____

Would You Consider This Problem(circle one)....

- MINIMAL (Annoying but causing NO limitations)
- SLIGHT (Tolerable but causing a little limitation)
- MODERATE (Sometimes tolerable but definitely causing limitations)
- SEVERE (Causing Significant limitations)
- EXTREME (Causing near constant (>80% of the time) limitations)

1. In spite of the fact that you are not a pain specialist, you are in fact the person who knows more about your pain than anyone else. In your own words and in your own opinion what do you think the real problem is?

2. What are you hoping happens today as a result of your consultation with the Doctor?

3. Since pain became this severe what three things has it caused you to miss the most?

1)-----
 2)-----
 3)-----



4. How long have you been like this?

5. How has your life changed since your pain became a problem?

6. What activities are you limited in?

7. What kinds of treatments have you received?

Epidural: How Many _____ When(approx) _____

Physical Therapy: How Long _____ When(approx) _____

Medication: _____ When(approx) _____

Surgery: Type _____ When(approx) _____

Other _____

9. Did any of these treatments work? If so which one(s)? For how long?

10. Is there anything you can do that makes it feel better?

11. What activities/movements are guaranteed to make it worse?

12. Please describe the quality of the pain. (Sharp, Dull, achy, toothache, shooting, stabbing, numb, tingling, etc...)

13. Is it worse in the morning or is it worse as the day progresses?

14. If you cannot find a solution to this problem what do you think will happen to you?

15. What are you hoping the Doctor tells you today?



16. Describe what you hope or think the Doctor might be able to do for you.

17. Describe what will be different in your life if you can get better.

18 When is the VERY FIRST time you recall having this problem?

If your insurance company does not cover your treatment plan would you be willing to pay out of pocket to alleviate this condition?

Yes or No

List In Order Of Importance all OTHER Health Problems/Concerns NOT including Your Main Problem Above.

1. _____ How Long Have You Had This? _____
2. _____ How Long Have You Had This? _____
3. _____ How Long Have You Had This? _____
4. _____ How Long Have You Had This? _____

In Reference To Your MAIN PROBLEM How Often Are You Aware of This Problem? (circle one)

Occasionally (25% of the time)

Intermittently (50% of the time)

Frequently (75% of the time)

Constant (90-100% of the time)

Due To Your Main Problem.....

Have You Lost Any Time From Work? Yes No

How Much Time and What Tasks Have Been Limited? _____

Have You Lost Any Time From Your Chores/Tasks At Home? Yes No

How Much Time and What Tasks Have Been Limited? _____

Have You Lost Any Time From Your Family? Yes No

How Much Time and What Tasks Have Been Limited? _____

Have You Lost Any Time From Your Liesure Activities? (Hobbies, Travel, Sports, etc...)

How Much Time and What Tasks Have Been Limited? _____

Considering the amount of pain/discomfort you've had THIS week, how long has your problem been this severe?



On a Scale of 0-10 (10 being unbearable, 0 being No Pain or Discomfort) Please rate the following...

The HIGHEST your pain gets WITHOUT medication _____

The LOWEST your pain getst WITHOUT medication _____

The HIGHEST your pain gets WITH medication _____

The LOWEST your pain gets WITH medication _____

List ANY surgeries that you have had and the corresponding dates.

